

Orthopedic Surgery

2020 Clinical Integration (CI) Pharmacy Program

The following are Key Recommendations to help manage Opioid Prescribing:

- Consider non-opioid alternatives as initial therapy: acetaminophen, ibuprofen, gabapentin, and others.
- Prior to initial Rx for CII opioids, check Illinois Prescription Monitoring Program (IPMP) and document accessing site in patient medical record.
- When in doubt, check the Illinois Prescription Monitoring Program!
- For acute pain situations, consider limiting the quantity of opioid prescribed to ≤ 3 day supply or #10.
- Avoid prescribing benzodiazepines or sedative hypnotics to patients prescribed ≥ 50 MMEs (morphine milligram equivalents) per day.
 - ✓ Consider prescribing naloxone and educating patient and family on its use.
- For patients prescribed ≥ 90 MMEs (morphine milligram equivalents) per day consider prescribing naloxone and educating patient and family on its use.

The following are Key Recommendations to help increase Generic Prescribing:

- Reinforce the value of generics with patients!
- Prescribe 90 day supplies of maintenance (chronic use) medications!
- Use acetaminophen or a generic NSAID such as Celebrex (celecoxib), Motrin (ibuprofen), Voltaren (diclofenac sodium), Mobic (meloxicam), or Naprosyn (naproxen), and others.

Avoid Duexis and Vimovo!

One Duexis tab (ibuprofen 800mg/famotidine 26.6mg) has a list price of \$33.10!

One Vimovo tab (naproxen 500mg/esomeprazole 20mg) has a list price of \$49.64!

- Use generic Actonel 150mg monthly (risedronate), generic Actonel 35mg weekly (risedronate), generic Atelvia 35mg weekly (risedronate ER), generic Boniva 150mg monthly (ibandronate), or generic Fosamax 35mg or 70mg weekly (alendronate).

Reserve Binosto as a secondary option.

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Evaluate the need for ongoing PPI therapy!

- **Use Nexium 24HR OTC, Prevacid 24HR OTC, Prilosec OTC, or Zegerid OTC as initial therapeutic options.**
- **Use generic AcipHex (rabeprazole), generic Nexium (esomeprazole), generic Prevacid (lansoprazole), generic Prilosec (omeprazole), or generic Protonix (pantoprazole) as secondary options.**
- **Consider Maximum Strength Pepcid AC (famotidine) 20mg OTC or Maximum Strength Zantac (ranitidine) 150mg OTC as therapeutic alternatives to the PPIs.**

Avoid Dexilant!

- **High brand copays may result in the patient not obtaining the medication!**
- **Brand name and Non-Formulary medication prescribing may result in additional call-backs or faxes to the office from pharmacies, pharmacy benefit managers, and patients!**

The above applies to outpatient prescribing only!