

# Podiatry

## 2020 Clinical Integration (CI) Pharmacy Program

The following are Key Recommendations to help manage Opioid Prescribing:

- Consider non-opioid alternatives as initial therapy: acetaminophen, ibuprofen, gabapentin, and others.
- Prior to initial Rx for CII opioids, check Illinois Prescription Monitoring Program (IPMP) and document accessing site in patient medical record.
- When in doubt, check the Illinois Prescription Monitoring Program!
- For acute pain situations, consider limiting the quantity of opioid prescribed to  $\leq 3$  day supply or #10.
- Avoid prescribing benzodiazepines or sedative hypnotics to patients prescribed  $\geq 50$  MMEs (morphine milligram equivalents) per day.
  - ✓ Consider prescribing naloxone and educating patient and family on its use.
- For patients prescribed  $\geq 90$  MMEs (morphine milligram equivalents) per day consider prescribing naloxone and educating patient and family on its use.

The following are Key Recommendations to help increase Generic Prescribing:

- Reinforce the value of generics with patients!
- Prescribe 90 day supplies of maintenance (chronic use) medications
- Use acetaminophen or a generic NSAID such as Celebrex (celecoxib), Motrin (ibuprofen), Voltaren (diclofenac sodium), Mobic (meloxicam), or Naprosyn (naproxen), and others.

### Avoid Duexis and Vimovo!

One Duexis tab (ibuprofen 800mg/famotidine 26.6mg) has a list price of \$33.10!

One Vimovo tab (naproxen 500mg/esomeprazole 20mg) has a list price of \$49.64!

- Use *Baza OTC* (miconazole 2% cream), generic Extina (ketoconazole), generic Lamisil (terbinafine), generic Loprox (ciclopirox), generic Lotrimin (clotrimazole), *Lotrimin AF OTC* (miconazole), *Lotrimin Ultra AF OTC* (butenafine), generic Mycostatin (nystatin), generic Naftin 1% or 2% cream (naftifine), generic Nizoral (ketoconazole), generic Oxistat (oxiconazole 1% cream), or generic Spectazole (econazole). *Reserve Ertaczo, Exelderm, brand or generic Luzu, Mentax, Naftin 1% or 2% gel, and Oxistat Lotion as secondary options.*

Evaluate the need for ongoing PPI therapy!

- Use Nexium 24HR OTC, Prevacid 24HR OTC, Prilosec OTC, or Zegerid OTC as initial therapeutic options.
- Use generic AcipHex (rabeprazole), generic Nexium (esomeprazole), generic Prevacid (lansoprazole), generic Prilosec (omeprazole), or generic Protonix (pantoprazole) as secondary options.
- Consider Maximum Strength Pepcid AC (famotidine) 20mg OTC or Maximum Strength Zantac (ranitidine) 150mg OTC as therapeutic alternatives to the PPIs.

**Avoid Dexilant!**

- **High brand copays may result in the patient not obtaining the medication!**
- **Non-Formulary medication prescribing may result in additional call-backs or faxes to the office from pharmacies, pharmacy benefit managers, and patients!**

The above applies to outpatient prescribing only!