

Urology

2020 Clinical Integration (CI) Pharmacy Program

The following are Key Recommendations to help manage Opioid Prescribing:

- Consider non-opioid alternatives as initial therapy: acetaminophen, ibuprofen, gabapentin, and others.
- Prior to initial Rx for CII opioids, check Illinois Prescription Monitoring Program (IPMP) and document accessing site in patient medical record.
- When in doubt, check the Illinois Prescription Monitoring Program!
- For acute pain situations, consider limiting the quantity of opioid prescribed to ≤3 day supply or #10.
- Avoid prescribing benzodiazepines or sedative hypnotics to patients prescribed ≥50 MMEs (morphine milligram equivalents) per day.
 - ✓ Consider prescribing naloxone and educating patient and family on its use.
- For patients prescribed ≥90 MMEs (morphine milligram equivalents) per day consider prescribing naloxone and educating patient and family on its use.

Avoid fluoroguinolone antibiotics where possible!

Prescribe Eligard (SC) instead of Lupron (IM) for palliative treatment of advanced prostate cancer.

Lupron costs approximately 12 times more than Eligard!

The following are Key Recommendations to help increase Generic Prescribing:

- Reinforce the value of generics with patients!
- Prescribe 90 day supplies of maintenance (chronic use) medications.
- Use generic Estrace Vaginal Cream (estradiol vaginal cream) or generic Vagifem (estradiol vaginal tablets).

Reserve Estring and Premarin Vaginal Cream as secondary options.

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 Use generic Viagra (sildenafil citrate), generic Cialis (tadalafil) or generic Levitra (vardenafil), generic Staxyn (vardenafil) where clinically appropriate. Generic Revatio (sildenafil citrate 20mg tablets) (used off-label) is another lower cost therapeutic alternative

Use brand Stendra as a secondary option.

Use generic Detrol (tolterodine), generic Detrol LA (tolterodine ER), generic Ditropan (oxybutynin), generic Ditropan XL (oxybutynin ER), generic Enablex (darifenacin), Oxytrol for Women OTC (oxybutynin) generic Sanctura (trospium) 20mg tablets, generic Sanctura XR (trospium ER) 60mg capsules, or generic Vesicare (solifenacin).

Reserve Gelnique, Myrbetriq, Oxytrol Rx, and Toviaz as secondary options.

- Use generic Jalyn (finasteride 0.5mg/tamsulosin 0.4mg), where appropriate.
- Use generic Flomax (tamsulosin), generic Rapaflo (silodosin), or generic Uroxatral (alfuzosin ER).
- Use generic Proscar (finasteride) or generic Avodart (dutasteride), where appropriate.
- High brand copays may result in the patient not obtaining the medication!
- Non-Formulary medication prescribing may result in additional call-backs or faxes to the office from pharmacies, pharmacy benefit managers, and patients!

The above applies to **outpatient** prescribing only!